

Numark Core Leadership Modules

Post course commitments

Effective goal setting

To ensure you get the most from this module, we recommend you take personal responsibility to implement your learning back into your pharmacy to achieve real benefit from attending. Think about what you have learnt, what you could do differently to improve things for yourself, your team and ultimately the business.

Your commitments

Please complete **ONE** of the commitments below **OR** if you have a specific action you would like to do that is not listed, then write your own personal commitment in the box below.

- ☐ **Review your current goals:** look at the current goals you have written for yourself recently and review them to ensure they are SMART and if not rewrite them as necessary to put you on track to achieve.
- ☐ **Turn your tasks into clear goals:** Look at two things you are currently trying to achieve and turn them into clear SMART goals and then determine actions you will take to work towards achieving them.
- ☐ **Umbrella goal:** complete an umbrella goal with your team for an area of your business that you are looking to improve; e.g. improved customer service etc.
- ☐ **My personal commitment:**

Remember to review the commitment you put into action and see what you have learnt from it. Consider what went well, what you might have done differently or where you may need further support or advice. The learning log attached will allow you to record your learning.

Learning Log

What I did to complete my commitment
What I learned from this
The benefits I have seen
How I will use this in the future