

# Numark Core Leadership Modules

## Post course commitments

### Change Management

To ensure you get the most from this module, we recommend you take personal responsibility to implement your learning back into your pharmacy to achieve real benefit. Think about what you have learnt, what you could do differently to improve things for yourself, your team and ultimately the business.

### Your commitments

Please complete **ONE** of the commitments below **OR** if you have a specific action you would like to do that is not listed, then write your own personal commitment in the box below.

- Create a plan for change:** Consider a change you are looking to implement in the future and consider the people in your team. Determine who you think will be your enthusiasts, gatekeepers and resisters? Use this information to aid your thinking to manage the change proactively and start to develop a plan to manage the change.
- Involving your team:** If you have a change that you are looking to implement, prepare to involve your team. Plan either a whole team or small team thinking sessions to not only make your team feel involved, but to get their ideas and make them feel more in control of the change.
- My personal commitment:**

Remember to review the commitment you put into action and see what you have learnt from it. Consider what went well, what you might have done differently or where you may need further support or advice. The learning log attached will allow you to record your learning.

## Learning Log

<b>What I did to complete my commitment</b>
<b>What I learned from this</b>
<b>The benefits I have seen</b>
<b>How I will use this in the future</b>