

Numark Core Leadership Modules

Post course commitments

Coaching others for results

To ensure you get the most from this module, we recommend you take personal responsibility to implement your learning back into your pharmacy to achieve real benefit. Think about what you have learnt, what you could do differently to improve things for yourself, your team and ultimately the business.

Your commitments

Please complete **ONE** of the commitments below **OR** if you have a specific action you would like to do that is not listed, then write your own personal commitment in the box below.

- Planned coaching session:** Conduct a planned coaching session with a member of your team with regards to a task you have delegated to them or an area they are keen to develop in. Use the GROW model to help plan out the session.
- Spontaneous coaching session:** Find an opportunity to coach someone in the workplace around a problem that has arisen which you want them to think through themselves.
- My personal commitment:**

Remember to review the commitment you put into action and see what you have learnt from it. Consider what went well, what you might have done differently or where you may need further support or advice. The learning log attached will allow you to record your learning.

Learning Log

What I did to complete my commitment
What I learned from this
The benefits I have seen
How I will use this in the future